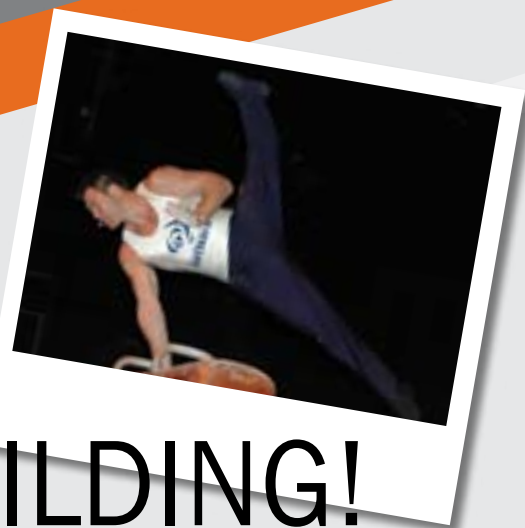




FILEX 2006 HAS LEFT THE BUILDING!

Ladies and gentlemen: FILEX 2006 has left the building! This year's fitness industry convention was definitely one of the best ever – we all had a fantastic time, and happily this experience seemed to be shared by nearly everyone we spoke to over the three jam-packed days.

It was great to meet so many of you, and to put faces to names of so many of Network's new members. And the great thing was that so many of these faces had big smiles plastered

across them, as you can see from this rogues' gallery! There really was a great buzz to the whole event, with members living their passion for fitness and revelling in being able to share their enthusiasm with so many like-minded people all under one roof, in one spectacular location.

To the prospect of the slightly smaller, but perfectly formed, Network 06 convention in Brisbane being held on 9 to 11 November, we say bring it on!

PRIZE WINNERS

Network congratulates the following members who won some brilliant prizes at the FILEX convention and Australian Fitness Expo.

3 night holiday donated by OzAccom

Brooks running pack

2 books donated by Human Kinetics

Kelmix CDs

\$1000 Reebok voucher

All winners have been notified

Kieran Sernig from Albion Park (NSW)

Summer Nelson from Hawthorn (VIC)

Vicki Hampton from Burwood (NZ)

Rupert Nelson from Hawthorn West (VIC)

Louise Ferguson from Cottesloe (WA)



“It just gets better and better each year and I find that more people are starting to network, and that's great for everyone in the industry.

Lynda Pucci, QLD

“Very, very enjoyable weekend, a well organised convention. I will definitely be back next year.

Selina Wright, QLD

“Keep up the amazing work! FILEX was great fun and I learnt a few things too – what more could I ask?! I can easily say FILEX is as good as, if not better than, other international conventions I've been to.

Ryan Hogan, Canada



“The Business Summit has a reputation among club owners that it is not to be missed.

Tanya Ferguson-Piotrowski, VIC





“ Yet again, FILEX left me feeling inspired and ready to meet the challenge of developing my skills in this dynamic industry. The amazing mix of international and local presenters gave me loads of ideas to explore over the next few months. Network conventions are always over too quickly – I can't wait for the next one!

Tim O'Connell, VIC



“ Best Business Summit in the three years I've attended – entertaining and informative.

Julie Iuliani, SA



“ The Business Summit was probably the best one that I have attended, backed up by an awesome business stream for the three days of FILEX. I don't think that I've seen my team this inspired in a while! I'm looking forward to seeing how you can top this one next year. Particular mention to your international speakers, Geoff Dyer, Joe Cirulli and Casey Conrad who all personally inspired me!

Jad Raguz, NSW

“ I just wanted to thank you, Nigel and the rest of the team for a fantastic event. Last year I purchased a club in WA so this year was my first experience of FILEX. I have been to a number of conferences and expo's before and this was by far the most professionally run – congratulations. I look forward to next year's FILEX already.

Ben Ritchie, WA

“ I love the experience we are provided with, this is a top-notch conference.

Pam Nelson, VIC



“ A big thank you, both personally and from the whole NZ contingent, for FILEX 2006. Once again you put on a fantastic event, and made it look easy (which I know it's not!). Keep up the good work!

Richard Beddie, CEO, Fitness New Zealand



“ My husband Rob and I had a fantastic time as part of the event crew this year for the first time. We hope to make it an annual event!

Mandy McKinnon, VIC

“ Well done on a fabulous event again. The standard of presenters was very high and the quality of material is world class. Thank you.

Summer Nelson, VIC.

“ Thanks for a great time once again. This year I brought four staff with me, and for two of them it was their first time at FILEX. They had a ball!

Michelle Duggan, SA

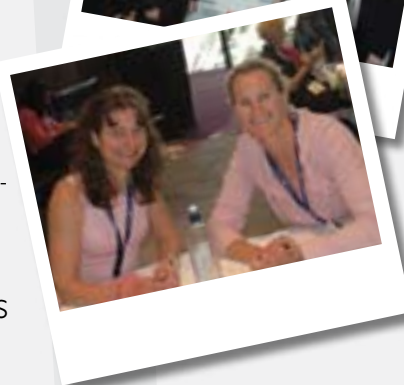


“ Overall, a very worthwhile experience – lots to learn, lots to see and lots of fun!

Dee Mantova, NSW

“ FILEX has been a great way to discuss training techniques and gather vital information about the progress in the industry – it's a MUST for all fitness industry members.

Rick Van Kampen, NSW



JO SMITH HAS LEFT THE ~~BUILDING!~~ COUNTRY!

FILEX 2006 was the most successful convention to date and a great way to finish my time with Australian Fitness Network! After running six FILEX and five Network Conventions during my five and a half years with Network, it's time to move on to new challenges and adventures back in the UK.

I would like to thank everyone who has helped make the conventions such a success. To the event crew, who have such passion, enthusiasm and dedication to the fitness industry – without them, the event could not run. To the presenters, who dedicate so much time in delivering expert educational sessions and sharing their knowledge. To the Network team, who have assisted in running the event over the past few years – they have true team spirit and dedication to the company and the events. To Analee Matthews who has so much talent and always delivers above and beyond. She has made my time at Network so much fun and is my best mate – a friend for life!

All the best to Amy Bird who is taking over the reigns as events manager – she has the energy and drive to take the conventions to the next level. Thanks for all your support and hard work.

And finally, a huge thanks to Nigel Champion for providing me with this great opportunity – it has truly been an amazing journey and time for me.

Jo Smith