

# BECOME THE BEST INDOOR CYCLING INSTRUCTOR!



## I.C.E - INDOOR CYCLING EXPERIENCE

**15**  
CECs

- The I.C.E program has been running successfully in the UK and Europe for over ten years and is now available in Australia via Australian Fitness Network
- Your qualification is recognised internationally
- I.C.E focuses heavily on the use of music, and correct and safe technique
- This is a 2-day course
- Network can deliver I.C.E courses on-site in your club, or any other local indoor cycling studio, on any make of bike, anywhere around the country.  
E-mail [cycling@fitnessnetwork.com.au](mailto:cycling@fitnessnetwork.com.au) for a quote

### Next course dates and details:

**Stage 1:** Friday 19 and Saturday 20 October

**Venue:** Australian Fitness Network Training Centre, St Leonards, NSW

**Price:** **\$295** (Network member)  
**\$380** (Non-Member)  
Includes 12 months membership!

First name: \_\_\_\_\_ Family name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State/Country: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_

E-mail: \_\_\_\_\_

☐ Friday 19 and Saturday 20 October

☐ \$295 (Network member) ☐ \$380 (Non-Member)

NETWORK Membership No: \_\_\_\_\_ Expiry date: \_\_\_\_\_

☐ Cheque ☐ Money order ☐ Visa ☐ Mastercard ☐ Bankcard

Total: \$ \_\_\_\_\_

Credit card no.: \_\_\_\_\_ Expiry date: \_\_\_\_ / \_\_\_\_

Cardholder's name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_