

BECOME A LES MILLS INSTRUCTOR NOW

GEL

GROUP EXERCISE LEADER

GEL – THE LES MILLS GROUP EXERCISE LEADER EDUCATION PROGRAM THAT QUALIFIES YOU AS A LES MILLS INSTRUCTOR IN 12 WEEKS!

ENDORSED BY FITNESS AUSTRALIA, THE COMPETENCIES IN THIS COURSE ARE FROM CERTIFICATE III IN FITNESS SRF3206.

GEL IS DESIGNED TO SAVE YOU TIME AND MONEY AND FAST-TRACK YOUR FITNESS CAREER.

AS A LES MILLS INSTRUCTOR YOU CAN INSPIRE OTHERS TO REACH THEIR FITNESS POTENTIAL AND BECOME PART OF A GLOBAL NETWORK OF FITNESS PROFESSIONALS.

GEL IS YOUR FIRST STEP TO CREATING LIFE-CHANGING FITNESS EXPERIENCES, EVERY TIME, EVERYWHERE.

FOR FURTHER INFORMATION ON HOW TO FAST-TRACK YOUR FITNESS CAREER THROUGH THE LES MILLS GEL PROGRAM SIMPLY CALL: +61 2 6282 8192 OR EMAIL: EDUCATION@LESMILLS.COM.AU



FAST TRACK YOUR FITNESS CAREER TODAY!

It takes effort and dedication but the rewards are substantial. Have you got what it takes?

ARE YOU:

PHYSICALLY FIT

DEDICATED

A NATURAL LEADER

**PASSIONATE ABOUT
FITNESS**



IF SO, GEL IS FOR YOU.

Simply complete the form below and a Les Mills Education representative will contact you to discuss your enquiry further.

Name: _____
Address: _____

Email: _____
Phone: _____
Mobile: _____

Post or fax to:

Les Mills Asia Pacific - Education
PO Box 3998, Manuka, ACT 2603
Fax: 02 6282 0563

**JOIN THE LES MILLS TEAM NOW.
IT'S NEVER BEEN EASIER.**

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GEL
GROUP EXERCISE LEADER

**TRAINING
AFFORDABLE
& FAST**



LM00308

GEL – THE EXCITING LES MILLS EDUCATION PROGRAM THAT WILL QUALIFY YOU AS A LES MILLS INSTRUCTOR IN JUST 12 WEEKS!

Endorsed and recognised by Fitness Australia the competencies in this course are from the Certificate III in Fitness SRF3206. GEL is Les Mills' Group Exercise Leader Education Program that will qualify you as a Les Mills Instructor in just 12 weeks.

Without compromising Les Mills' world renowned training and education, GEL is designed to save you time and money.

WHO BENEFITS?

New and existing Instructors

Whether you want to teach a couple of Les Mills classes per week or intend to make fitness your full-time career, GEL is a great first step. It's fun, fast and affordable.

Club Owners & Group Fitness Managers

Finding instructor recruitment difficult? Then look no further - GEL is your answer!

Fast and affordable, GEL can transform a keen member into a qualified Les Mills Instructor within 12 weeks!

GEL is the perfect solution to help you meet the growing demands for instructors for your Les Mills classes. Promote GEL and increase your instructor team, keep your timetable full and your members fit and happy!

WHAT DO YOU HAVE TO DO?

With GEL it is easy to become an industry endorsed Les Mills Group Fitness Instructor:

- Register for the GEL course and one of the eight Les Mills Group Fitness Programs
- Complete your GEL workbook and program training
- Obtain your Senior First Aid certificate
- PRACTICE, PRACTICE, PRACTICE!
- Video yourself teaching a class

Send everything to Les Mills and upon passing become part of the world class Les Mills Instructor team. To find out more information or to register for GEL, simply contact the Les Mills Education team on: (02) 6282 8192 or email education@lesmills.com.au

WHY BECOME A LES MILLS INSTRUCTOR?

As a Les Mills Instructor you can inspire people to reach their fitness potential. You will become part of a world class team that prides itself on creating life changing fitness experiences, every time, everywhere.

Our Les Mills Instructor team have skills that set them apart and are second to none within the fitness industry. You'll also enjoy the following benefits:

- Become part of a global network of Les Mills fitness professionals
- Ongoing training and support from Les Mills
- Access to Les Mills online resources and community forums.

So, what are you waiting for? Inspire others to achieve their fitness goals.

