

**we are Les Mills**

## **Ultimate Super Workshop**

Be part of THE biggest Workshop of the year featuring  
International Program Directors and Australian Master Trainers

Attend the Ultimate Super Workshop and receive a  
discounted registration rate for the FILEX 2010 Convention  
simply complete Steps 1 & 2

# we are One Tribe

Sydney Convention Centre, Darling Harbour, 2 May 2010

**Step 1.** Complete the Les Mills registration form that appears on page F and forward with payment direct to LMAP PO BOX 3998 Manuka ACT 2603

**Step 2.** Then complete the FILEX Convention Registration Form on pages B, C, D, E and send with payment direct to FILEX 2010 registrations PO BOX H1385, HAYMARKET NSW 1240 (please ensure that the correct registration forms are sent to the addresses specified)

**To attend Ultimate Super Workshop ONLY** Just complete Step 1 or register online @ [www.lesmills.com.au](http://www.lesmills.com.au) for \$19.95  
[online registrations open 8 March 2010]

**Registrations close** Friday 23 April 2010. Note: Workshop is for Les Mills Instructors ONLY

