



15 TO 17 APRIL 2011
SYDNEY CONVENTION CENTRE

REACHING OUT

REGISTRATION FORMS

STEP 1 ➤ Contact details (Page B)

STEP 2 ➤ Registration information (Page C)

STEP 3 ➤ Waiver and payment (Page D)

STEP 4 ➤ Session selection (Page E)

(send these forms to FILEX 2011 Registration,
PO Box K1385, Haymarket NSW 1240; Fax 02 9211 7601)

AND

Les Mills Asia Pacific Ultimate Super Workshop (Page F)

(send this form to Les Mills Asia Pacific, PO Box 3998, Manuka ACT 2603;
Fax 02 6282 0563)



REMEMBER!

You can also register online at
www.filex.com.au

BROUGHT TO YOU BY



NAME: _____

(Please fill in to ensure fast & efficient processing)

STEP 1 » Contact details

Return this form with your payment and session selection form to FILEX 2011 Registration, PO Box K1385, Haymarket NSW 1240.

Please DO NOT send to the Network office.

ATTENTION: LES MILLS INSTRUCTORS

☐ **I am a Les Mills Instructor attending FILEX 2011 Convention and the Les Mills Asia Pacific Ultimate Super Workshop.**

Complete the FILEX registration, payment and session selection forms and send these direct to FILEX 2011 Registration, PO Box K1385, Haymarket NSW 1240. PLUS complete the Les Mills Registration Form and send direct to Les Mills Asia Pacific. **DO NOT** send to Australian Fitness Network.

☐ **I am attending ONLY the Les Mills Asia Pacific Ultimate Super Workshop.**

Complete the Les Mills Registration Form (Page F) and send direct to Les Mills Asia Pacific. **DO NOT** send to Australian Fitness Network.

IMPORTANT INFORMATION

- Please use one registration form per person. Photocopy if additional forms are required.
- If you are registering as a group, all forms for each delegate must be mailed in the same envelope.
- All payments must be made in Australian dollars.
- Please be familiar with our cancellation policies (page 69).
- Registrations received after Wednesday 6 April will incur a \$50 administration fee.
- Session selections are not confirmed until you receive written notification from Australian Fitness Network.
- If we receive and process your registration form by Wednesday 6 April, you will receive a tax invoice and delegate information **BEFORE** the convention takes place. Otherwise you will receive the tax invoice after the event.

Title: ☐ Dr ☐ Mr ☐ Mrs ☐ Ms ☐ Miss

First name: _____

Family name: _____

Company: _____

Postal address: _____

Suburb: _____

State: _____ Postcode: _____

Country: _____

Main fitness industry occupation: _____

Are you a fitness professional registered with Fitness Australia? ☐ Yes ☐ No

Ph (W): (_____) _____

Ph (H): (_____) _____

Mobile: _____

Fax: (_____) _____

Email: _____

(Email is mandatory to receive your confirmation and tax invoice)

NETWORK MEMBERSHIP



**Australian fitness
network**

Membership No.: _____

Expiry date: ____ / ____ / ____

**Please check expiry date –
You must be a member now and
during the event.**

BROUGHT TO YOU BY



CO-SPONSORS



NAME:

(Please fill in to ensure fast & efficient processing)

STEP 2 > REGISTRATION INFORMATION

Please select your registration options below and send in with your registration and session selection forms.

CONVENTION REGISTRATION (all prices include GST)**2010 rates:** until 31 December 2010**Early Bird rate:** 1 January – 28 February 2011**Standard rate:** 1 March – 8 April 2011**INDIVIDUAL**

- | | | | |
|--------------|---|---|------------------------------------|
| • 2010 rates | ☐ Member – \$629 | ☐ Non-member – \$699 | } → TOTAL: \$ <input type="text"/> |
| • Early Bird | ☐ Member – \$649 | ☐ Non-member – \$719 | |
| • Standard | ☐ Member – \$699 | ☐ Non-member – \$769 | |

GROUP (5 OR MORE REGISTRATIONS SENT IN ONE ENVELOPE)

- | | | | |
|--------------|---|---|------------------------------------|
| • 2010 rates | ☐ Member – \$579 | ☐ Non-member – \$649 | } → TOTAL: \$ <input type="text"/> |
| • Early Bird | ☐ Member – \$599 | ☐ Non-member – \$669 | |
| • Standard | ☐ Member – \$649 | ☐ Non-member – \$719 | |

BUSINESS GOLD PASS (SEE PAGE 6 FOR DETAILS)

- | | | | |
|--------------|---|--|------------------------------------|
| • 2010 rates | ☐ Member – \$899 | ☐ Non-member – \$969 | } → TOTAL: \$ <input type="text"/> |
| • Early Bird | ☐ Member – \$949 | ☐ Non-member – \$1019 | |
| • Standard | ☐ Member – \$999 | ☐ Non-member – \$1069 | |

The Business Gold Pass includes all business events. You must confirm your seat in these events to be eligible to attend.
Please tick those you will be attending to confirm your place:

- ☐ Business Summit (Thursday 14 April) ☐ Business Breakfast (B1D – Saturday 16 April)

PT GOLD PASS (SEE PAGE 6 FOR DETAILS)

- | | | | |
|--------------|---|---|------------------------------------|
| • 2010 rates | ☐ Member – \$749 | ☐ Non-member – \$819 | } → TOTAL: \$ <input type="text"/> |
| • Early Bird | ☐ Member – \$769 | ☐ Non-member – \$839 | |
| • Standard | ☐ Member – \$829 | ☐ Non-member – \$899 | |

The PT Gold Pass includes all personal training events. You must confirm your seat in these events to be eligible to attend.
Please tick those you will be attending to confirm your place:

- ☐ PT Business Summit (Thursday 14 April) ☐ PT Breakfast (B1I – Saturday 16 April)

LES MILLS INSTRUCTOR RATE (LES MILLS QUARTERLY WORKSHOP ATTENDEES ONLY)

- | | | | |
|--------------|---|---|------------------------------------|
| • Early Bird | ☐ Member – \$549 | ☐ Non-member – \$619 | } → TOTAL: \$ <input type="text"/> |
| • Standard | ☐ Member – \$599 | ☐ Non-member – \$669 | |

PRE-CONVENTION EVENTS

- | | | | |
|---|---|---|-------------------------------|
| • Business Summit | ☐ Member – \$479 | ☐ Non-member – \$549 | → TOTAL: <input type="text"/> |
| • PT Business Summit | ☐ Member – \$349 | ☐ Non-member – \$419 | → TOTAL: <input type="text"/> |
| • Group Suspension Training® | ☐ Member – \$229 | ☐ Non-member – \$299 | → TOTAL: <input type="text"/> |
| • Indoor Cycling Experience (I.C.E) – Stage 1 | ☐ Member – \$349 | ☐ Non-member – \$419 | → TOTAL: <input type="text"/> |

ADDITIONAL EXTRAS

- | | | |
|--|--|-------------------------------|
| • Business Breakfast (Saturday 16 April) | ☐ Member – \$89 | → TOTAL: <input type="text"/> |
| • PT Breakfast (Saturday 16 April) | ☐ Member – \$89 | → TOTAL: <input type="text"/> |

----- GRAND TOTAL: \$

NAME: _____

(Please fill in to ensure fast & efficient processing)

STEP 3 ➤ **WAIVER AND PAYMENT****WAIVER****Please fill in your details and sign this waiver – we cannot process your registration without it.**

I willingly participate in all aspects of the FILEX 2011 Convention at my own risk. I am in reasonable physical health and acknowledge that when engaging in exercise routines or similarly strenuous activity I may suffer injury, illness or death. I assume the risk of, and the responsibility for, any injury, illness, death or damage to or loss of property resulting from my participation in any activities and will not seek to penalise, prosecute or claim compensation from the organisers, sponsors, suppliers, presenters or participants. Additionally I understand that my written feedback may be published and/or I may be photographed, filmed, videotaped or audio-taped during FILEX 2011 and Australian Fitness Network and its affiliates will own all or part of any such film, tape or recording and use it for any and all commercial and non-commercial purposes without providing remuneration or seeking permission. I agree to not videotape, film, photograph or audiotape any part of any session without written authorisation from Australian Fitness Network. I have read and understood this waiver and know how it affects my legal rights.

NOTE: Australian Fitness Network may provide your details to sponsors and affiliates for marketing purposes. If you do not wish to be kept up-to-date with the latest news, special offers etc, please write to 'The Privacy Officer' at Australian Fitness Network, PO Box 577 Crows Nest NSW 1585 and state 'I am attending FILEX 2011 but do not wish to receive promotional offers'.

Full name: _____

Daytime Ph: (_____) _____

Signature: _____

Date: ____ / ____ / ____

PAYMENT

Payment must accompany your registration and session selection forms for processing to take place.

Please make cheques payable to: Info Salons Australia☐ Cheque (attached)☐ VISA☐ Money Order (attached)☐ AMEX☐ MasterCard☐ Cash (DO NOT post)

Credit card holder's name: _____

Credit card number: ____ / ____ / ____ / ____ / ____ / ____ / ____ / ____ / ____ / ____ / ____ / ____

Expiry date: ____ / ____ Security ID: ____ / ____ / ____

Signature: _____ Date: ____ / ____ / ____

A confirmation tax invoice will be sent to you in your name

IS ANOTHER PERSON PAYING?If another person is paying your registration fee, please complete their details. Please tick ☐ for their name to appear on the tax invoice.

Name: _____

Company (if applicable): _____

Address: _____

Suburb: _____

State: _____ Postcode: _____

Ph: (_____) _____

CHECKLISTPlease send: ☐ Contact details ☐ Registration information ☐ Waiver and payment ☐ Session selection

... to FILEX 2011 Registration, PO Box K1385, Haymarket NSW 1240, Australia

Web: www.filex.com.au • **Fax:** 02 9211 7601 • **Ph:** 02 9211 9337**Please DO NOT send them to the Network office.**

LES MILLS INSTRUCTORS – If you are attending the Les Mills Asia Pacific Ultimate Super Workshop, please complete the Les Mills registration form (on Page F) and send it with payment directly to Les Mills Asia Pacific. Do NOT send it to Australian Fitness Network or to Info Salons Australia. If you are attending the convention as well, please complete the forms on pages B, C, D and E and send these sections to Info Salons Australia.

NAME:

(Please fill in to ensure fast & efficient processing)

STEP 4 SESSION SELECTION

Return this form with your Registration and Payment Forms (pages B, C & D) to Info Salons Australia.

WHAT TO DO:**STEP 1** Review the FILEX 2011 Program at a Glance (your separate fold-out insert).**STEP 2** Read the session descriptions in the brochure and choose the sessions you wish to attend.**STEP 3** Indicate your 1st, 2nd and 3rd choices on this session selection form by using the session codes in the FILEX 2011 Program at a Glance. Please use a black pen and write clearly.**STEP 4** Complete pages B,C and D. *You must sign the waiver on page D for sessions to be processed.***STEP 5** Send this form with pages B, C and D and payment to Info Salons Australia. All of these need to be sent in to secure registration.**YOU MUST FILL IN ALL 3 CHOICES IN CASE YOUR 1ST OR 2ND CHOICES ARE FULL**

Please write your session selection codes clearly

FRIDAY 15 APRIL

Timeslot	1 st choice	2 nd choice	3 rd choice
8:30 – 10am	FRIDAY KEYNOTE		
10:30am – 12pm	A1	A1	A1
1:30 – 3pm	A2	A2	A2
3:30 – 5pm	A3	A3	A3
5:30 – 6:45pm	A4	A4	A4

SATURDAY 16 APRIL

Timeslot	1 st choice	2 nd choice	3 rd choice
8 – 9:30am	B1	B1	B1
10 – 11:30am	B2	B2	B2
1 – 2:30pm	B3	B3	B3
3 – 4:30pm	B4	B4	B4
5 – 6:30pm	B5	B5	B5
6:30pm	Les Mills Asia Pacific SH'BAM™ Launch Party ☐ Attending ☐ Not attending		

SUNDAY 17 APRIL

Timeslot	1 st choice	2 nd choice	3 rd choice
8 – 9:30am	C1	C1	C1
10 – 11:30am	SUNDAY KEYNOTE		
1 – 2:30pm	C2	C2	C2
3 – 4:30pm	C3	C3	C3

AQUA PROGRAM

(held off-site at nearby Ian Thorpe Aquatic Centre)

Please note: Participate and Spectate options apply to Aqua sessions only.**FRIDAY 15 APRIL**

Aqua delegates please choose:	
10:30am – 12pm	Participate / Spectate
1:30 – 3pm	Participate / Spectate
3:30 – 5pm	Participate / Spectate
5:30 – 6:45pm	Participate / Spectate

SATURDAY 16 APRIL

Aqua delegates please choose:	
8 – 9:30am	Participate / Spectate
10 – 11:30am	Participate / Spectate
1 – 2:30pm	Participate / Spectate
3 – 4:30pm	Participate / Spectate
5 – 6:30pm	Participate / Spectate

SUNDAY 17 APRIL

Aqua delegates please choose:	
8 – 9:30am	Participate / Spectate
1 – 2:30pm	Participate / Spectate

BROUGHT TO YOU BY

**REMEMBER!**You can also register online at
www.filex.com.au

ULTIMATE SUPER WORKSHOP REGISTRATION

LESMILLS**SYDNEY CONVENTION CENTRE, DARLING HARBOUR****16 - 17 APRIL 2011****WANT TO ATTEND FILEX?**

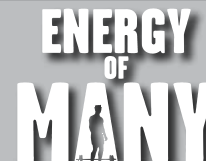
There is a special rate for Les Mills Instructors who attend FILEX and the Les Mills Ultimate Super Workshop

REGISTRATION FOR THE ULTIMATE SUPER WORKSHOP IS AVAILABLE TO LES MILLS INSTRUCTORS ONLY

- ☐ I am attending the Les Mills Asia Pacific Ultimate Super Workshop only. Complete this form and send with payment directly to Les Mills Asia Pacific, contact details at bottom of page.
- ☐ I am attending the FILEX Convention AND the Les Mills Asia Pacific Ultimate Super Workshop.
a: Complete this form and send with payment directly to Les Mills Asia Pacific, contact details at bottom of page.
b: Complete pages B, C and D and send with payment direct to Australian Fitness Network; PO Box K1385, Haymarket NSW 1240.

PERSONAL DETAILS - PLEASE PRINT

Title:	First Name:	Surname:	Mobile:
Customer ID:			Phone (H):
Address:			Phone (W):
Suburb:	State:	P/C:	
Email:			
Club:			



IMPORTANT NOTE: Due to the earlier than usual FILEX date in 2011, music Kits **WILL NOT** be available for pickup at the Ultimate Super Workshop. They will be posted to you in the final week of May.

SESSION DETAILS - PLEASE SELECT YOUR SESSIONS & HITS**SATURDAY 16 APRIL 2011**

	Time	Attend Class	PPCA Free Music Kits	Original Music Kits
RPM™ 1	12:00noon	Attend ☐	\$46.95 ☐	\$46.95 ☐
RPM™ 2	1:15pm	Attend ☐	\$46.95 ☐	\$46.95 ☐
RPM™ 3	2:30pm	Attend ☐	\$46.95 ☐	\$46.95 ☐

LES MILLS and BODYBIKE presents RPM™ 51 Ride RPM™ like you have never ridden before. 100 state-of-the-art BODYBIKES in the Grand Hall of the Convention Centre. The best RPM™ team on the planet. Prizes and giveaways including 5 mountain bikes up for grabs in each session.

SH'BAM MASTERCLASS AND LAUNCH PARTY!

	Time	Attend Class	PPCA Free Music Kits	Original Music Kits
SH'BAM™	6:30pm	Attend ☐	\$46.95 ☐	\$46.95 ☐

Help launch SH'BAM with a Master Class and launch party, the simple 45 minute dance workout by Les Mills that anyone can do. Numbers are strictly limited! (Finish 9:30pm)

SUNDAY 17 APRIL 2011

	Time	Attend Class	PPCA Free Music Kits	Original Music Kits
BODYBALANCE®	7:30am	Attend ☐	\$46.95 ☐	\$46.95 ☐
BODYVIVE™	8:45am	Attend ☐	\$46.95 ☐	\$46.95 ☐
BODYCOMBAT®	10:00am	Attend ☐	\$46.95 ☐	\$46.95 ☐
BODYSTEP®	11:15am	Attend ☐	\$46.95 ☐	\$46.95 ☐
BODYPUMP®	12:45pm	Attend ☐	\$46.95 ☐	\$46.95 ☐
NEW PROGRAM PREVIEW	2:15pm	Attend ☐	\$46.95 ☐	\$46.95 ☐
BODYATTACK®	3:00pm	Attend ☐	\$46.95 ☐	\$46.95 ☐
BODYJAM®	4:15pm	Attend ☐	\$46.95 ☐	\$46.95 ☐

The world's best teams come together from around the world to showcase what the **Energy of Many** is all about

REGISTRATION

- Registrations will open on-line early March 2011. On-line registrations cost AUD \$19.95 including GST
- Registrations for the Ultimate Super Workshop close on Wednesday 13 April 2011
- Registrations after this date can only be taken at the workshop, pending availability
- The late registration fee is AUD\$40.00. Registration cannot be confirmed until payments are settled
- You will receive a ticket and tax invoice once payment is confirmed
- If you do not receive your ticket five (5) days before your Workshop please call the office on +61 (0) 2 6282 8192
- All class spaces are limited, and registration is on a first come first serve basis
- For gyms paying on behalf of instructors, please email ask@lesmills.com.au for a bulk registration form
- The Workshop registration fee is non-refundable, for any instructor who does not attend on the day or who cancels their registration without a valid doctors certificate
- Workshop registration are non-transferable.

AT THE WORKSHOP

- Please bring your ticket to present at the workshop
- If you misplace your ticket, you must present identification
- Tickets cannot be re-issued.

Registrations close

Wednesday 13 April 2011

PAYMENT DETAILS

Ultimate Super Workshop	☐	\$30.00
Music Kits x		@ AUD\$46.95 each
TOTAL:		\$

Electronic Funds Transfer (EFT): BSB: 082 980 - Account Number: 655 615 487.

Record your name when transferring funds to Les Mills Asia Pacific.

Mail your completed form to Les Mills ASIA PACIFIC, PO BOX 3998, MANUKA, ACT 2603 OR FAX TO +61 2 6282 0563.

For more information regarding the Les Mills Asia Pacific Ultimate Super Workshop:

Phone: +61 2 6282 8192 or email: ask@lesmills.com.au

*(Cheques payable to Les Mills Asia Pacific)

Payment type: ☒

- Cheque* ☐
Master Card ☐
VISA ☐
EFT ☐

Credit Card Number:

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Expiry Date: /

CCV:

Name on Credit Card:

Signature of cardholder