



## **MEDIA RELEASE**

### **2005 Fitness Industry Award Winners Announced**

The national Fitness Industry Awards were established four years ago by Australian Fitness Network, as a means to formally recognise the outstanding contribution of individuals and facilities to the Australian fitness industry.

Australian Fitness Network is the pre-eminent member-based fitness organisation in Australia. With close to 10,000 members nationally, Network (as it is known in the industry) is the leading source for information, education and events in fitness. Through its fitness leader education and training courses, cutting-edge publications, interactive web site, conventions and exhibitions, Network provides its members with the tools to advance their fitness careers.

In 2005 the award winners are:

- Australian Fitness Expo Exhibit of the Year, Best Shell Scheme - Free2Be
- Australian Fitness Expo Exhibit of the Year, Best 36m<sup>2</sup> and Under Free Design - Musashi
- Australian Fitness Expo Exhibit of the Year, Best 36m<sup>2</sup> and Over Free Design - True Fitness Solutions & Elite Fitness Group (tied result)
- Australian Fitness Network's Event Crew Member of the Year - Shane Marles-Malone
- Australian Fitness Network's Presenter of the Year – Zosha Piotrowski
- Australian Fitness Network's Author of the Year – Matt O'Neill
- Les Mills Outstanding Achievement Award – Jenny Chivers
- Fitness Australia's Fitness Professional of the Year – Scott Ehler
- Fitness Facility of the Year – Blacktown Leisure Centre Stanhope
- Lifetime Achievement Award – Laraine Dunn

The Fitness Industry Awards dinner ceremony was held in the Ballroom at the Sydney Convention Centre on Saturday 30 April. The lavish ceremony was completely sold out, with close to 400 fitness educators and professionals in attendance from across Australia and around the world.

The Fitness Industry Awards are held annually in conjunction with FILEX, the largest annual fitness convention in the Asia Pacific Region ([www.fitnessnetwork.com.au/FILEX](http://www.fitnessnetwork.com.au/FILEX)). With Australia's the obesity rates skyrocketing and the incidence of diabetes and other lifestyle related chronic diseases also on the increase, recognition of the important work done by these winners and the other national applicants is more important than ever.

For more information, contact Analee Matthews at Australian Fitness Network. Phone 02 8424 7213 or e-mail [analee.matthews@fitnessnetwork.com.au](mailto:analee.matthews@fitnessnetwork.com.au). Photos are available upon request.