



2006

FITNESS INDUSTRY AWARD

WINNERS ANNOUNCED

Every year, Australian Fitness Network conducts the national fitness industry awards.

These awards are held annually in conjunction with FILEX and the Australian Fitness Expo, which are the two largest fitness events in the South East Asia region.

Established five years ago, these awards are formal recognition of outstanding individuals and facilities who have contributed to the improvement of the health, fitness and wellbeing of Australians today.

With the continuous decline in the health of this nation, acknowledgement of the important work done by these winners and the other national applicants is more important than ever.

IN 2006 THE FITNESS INDUSTRY AWARD WINNERS ARE:

- Australian Fitness Network's Lifetime Achievement Award – Bill Robertson, ACT
- Fitness Facility of the Year – Green Apple Wellness Centre, QLD
- Fitness Australia's Fitness Professional of the Year – Margaret Anderson, WA
- Australian Fitness Network's Presenter of the Year – Joanna McMillan, NSW
- Australian Fitness Network's Author of the Year – Paul Wright, NSW
- Australian Fitness Network's Event Crew Member of the Year - Helen Russell-Jones, NSW
- Les Mills Instructor of the Year – Caroline Pitney, NSW

Special mentions go to following finalists for their outstanding achievements and excellent applications:

FITNESS FACILITY OF THE YEAR FINALISTS:

- MI Mounties, NSW
- Dandenong Oasis Aquatic Centre, VIC
- Vision Personal Training, NSW
- The Club Group, ACT

LIFETIME ACHIEVEMENT AWARD FINALISTS:

- Jill Healy-Quintard, NSW
- Dot Partridge, SA
- Kathy Heagney, VIC



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Australian Exhibition Services also announced their annual Best Stand Awards at the 2006 Australian Fitness Expo. The winners were as follows:

- Australian Fitness Expo Exhibit of the Year, Best Shell Scheme – Timex
- Australian Fitness Expo Exhibit of the Year, Best 36m2 and Under Free Design – Oregon Scientific
- Australian Fitness Expo Exhibit of the Year, Best 36m2 and Over Free Design – Les Mills Asia Pacific

For more information about the 2006 Australian Fitness Expo awards, contact Ashley Robertson at Australian Exhibition Services. Phone 03 9261 4500 or e-mail arobertson@austexhibit.com.au

About Australian Fitness Network

Australian Fitness Network is the pre-eminent member-based fitness organisation in Australia, for fitness professionals and business owners/operators.

With more than 10,000 members nationally, Network (as it is known in the industry) is the leading source for information, education and events in fitness.

Through its fitness leader education and training courses, cutting-edge publications, interactive web site and world class conventions, Network provides its members with the tools to establish and advance their fitness careers.

For more information visit www.fitnessnetwork.com.au or phone Analee Matthews at Australian Fitness Network on 02 8424 7200.

About the FILEX Convention

Delivered by Australian Fitness Network and now in its 11th year, the FILEX fitness industry convention delivers three days of cutting-edge lectures, workshops and master classes for those who work in the fitness industry.

FILEX involves more than 160 presenters from around the globe and provides in excess of 200 sessions to choose from across the three days.

Attracting around 2,000 personal trainers, fitness instructors, facility owners and operators, FILEX is a pinnacle event in the fitness industry calendar for the southern hemisphere.

For more information visit www.fitnessnetwork.com.au/FILEX or phone Amy Bird at Australian Fitness Network on 02 8424 7200.



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About the Australian Fitness Expo

Also in its 11th year, the Australian Fitness Expo is coordinated by Australian Exhibition Services.

The Australian Fitness Expo showcases the latest in commercial fitness equipment, as well as corporate and domestic gym equipment, sports nutrition, athletic footwear and apparel, education and training, fitness analysis and club management software and much more.

The Expo also features two stages for special demonstrations, body building exhibitions, aerobics displays, product demonstrations and other special events.

The Australian Fitness Expo covers 10,000 square metres of floor space and attracts in excess of 15,000 fitness professionals and enthusiasts.

For more information visit www.fitnessexpo.com.au or phone Ashley Robertson at Australian Exhibition Services on 03 9261 4500.