



BECOME THE BEST

CYCLING INSTRUCTOR



EXPERIENCE I.C.E - INDOOR CYCLING EDUCATION

Direct from Europe and the UK comes I.C.E - the ultimate Indoor Cycling Education program.

For the first time in Australia, I.C.E Training is being delivered to fitness professionals in Sydney. You can be among the first to become an I.C.E. Trainer and experience what indoor cycling is really all about.

Using the brand new RBK Tomahawk bikes, you'll learn exactly how to create awesome cycling classes, every time!

The knowledge and know-how you'll take home will catapult your indoor cycling instruction to a whole new level.

Be warned: I.C.E Training has been known to significantly boost class numbers and participant retention rates.

Pre-requisites: Cert III fitness, registered as GI or GE with Fitness Australia.

Date: 16 + 17 Sept

Time: 9am to 5pm

Venue: Australian Institute of Fitness Training Centre,
St Leonards, Sydney

Cost: \$269 (Network member)
\$349 (Non-Member)

Supported by



Family name: _____ First name: _____

Address: _____ City: _____

State/Country: _____ Postcode: _____

Phone: (____) _____ Fax: (____) _____

E-mail: _____

☐ 16 + 17 Sept

☐ Non-Member

NETWORK Membership No:

Expiry date:

☐ Cheque ☐ Money order ☐ Visa ☐ Mastercard ☐ Bankcard

Credit card no.: _____

Cardholder's name: _____ Signature: _____

Total: _____

Expiry date: ____ / ____ / ____

Date: ____ / ____ / ____



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STAGE I