

Be the best, inspire the rest

contact details (Page B) – Step 1

registration information (Page C) – Step 2

waiver and payment (Page D) – Step 3

session selection (Page E) – Step 4

(send these forms directly to Australian Fitness Network)

AND

Les Mills Asia Pacific Ultimate Super Workshop Registration form (Page F)
(send this form directly to Les Mills)

FILEX 2007
brought to you by



Proudly sponsored by



REMEMBER!

You can also register online at
www.fitnessnetwork.com.au/FILEX

FILEX 2007 contact details (STEP 1)

Return this form with your payment and session selection form to Australian Fitness Network to complete your registration.

Attention: Les Mills Instructors

☐ I am attending **ONLY** the Les Mills Asia Pacific Annual Super Workshop.

Complete the Les Mills Registration Form (Page F) and send direct to Les Mills Asia Pacific. **DO NOT** send it to Australian Fitness Network.

☐ I am a Les Mills Instructor attending the Les Mills Asia Pacific Annual Super Workshop **AND** FILEX 2007 Convention.

Complete the FILEX registration, payment and session selection forms and send these direct to Australian Fitness Network. **PLUS** complete the Les Mills Registration Form and send direct to Les Mills Asia Pacific. **DO NOT** send it to Australian Fitness Network.

IMPORTANT INFORMATION

- ◆ Please use one registration form per person. Photocopy if additional forms are required.
- ◆ If you are registering as a group, all forms for each delegate must be mailed in the same envelope.
- ◆ All payments must be made in Australian dollars.
- ◆ Please be familiar with our cancellation policies (page 45).
- ◆ Registrations received after Monday 16 April will incur a \$50 administration fee.
- ◆ Session selections are not confirmed until you receive written notification from Australian Fitness Network.
- ◆ If we receive and process your registration form by Friday 13 April, you will receive a tax invoice and delegate information **BEFORE** the convention takes place. Otherwise you will receive the tax invoice after the event.
- ◆ Prizes are not applicable to Commonwealth Government funded employees.
- ◆ **REMEMBER!** FILEX 2007 is a member-only event. You must be a member of Australian Fitness Network to attend.

Title: ☐ DR ☐ MR ☐ MRS ☐ MS ☐ MISS

First name: _____

Family name: _____

Postal Address: _____

Suburb: _____ State: _____

Postcode: _____ Country: _____

Is the above a new address? ☐ Yes ☐ No

Company: _____

Ph (W): (_____) _____

Ph (H): (_____) _____

Mobile: _____

Fax: (_____) _____

E-mail: _____



Australian fitness
network
20 YEARS STRONG

**NETWORK
Membership No.:**

Expiry date:

Please check expiry date
– you must be a member
during the event, otherwise
you will need to become
a member (see Page C).

To our sponsors, we thank you!

Premium sponsor



Co-Sponsors



Supported by



FILEX 2007 registration information (STEP 2)

Please select your registration options below and send to Network with your registration and session selection forms.

♦ Convention Registration (all prices include GST)

Early Bird rate - until Monday 5 March ♦ Standard rate - 6 March – 17 April 2007

Individual

☐ Early Bird \$595 ☐ Standard \$665 TOTAL: \$

Group (5 or more) – group registrations must be sent together

☐ Early Bird \$545 ☐ Standard \$615 TOTAL: \$

Business Gold Pass (see page 8 for more details)

☐ Early Bird \$825 ☐ Standard \$895 TOTAL: \$

The Gold Pass includes all Business Events. Please tick those you will be attending to confirm your space:

☐ Business Summit ☐ Business Breakfast ☐ Business Lunch

PT Gold Pass

☐ Early Bird \$695 ☐ Standard \$765 TOTAL: \$

The Gold Pass includes all PT Events. Please tick those you will be attending to confirm your space:

☐ Personal Training Summit ☐ Personal Training Breakfast

Les Mills Instructor Rate (Les Mills Quarterly Workshop attendees ONLY)

☐ Early Bird \$495 ☐ Standard \$565 TOTAL: \$

Additional Events (all prices include GST)

☐ Business Summit \$295 ☐ Business Breakfast \$65 ☐ Business Lunch \$75 TOTAL: \$

☐ Personal Trainer Summit \$250 ☐ PT Breakfast \$65

Pre & post convention certifications

Network Pilates: Fundamental Matwork Certification

☐ Network members \$840 TOTAL: \$

Network Pilates: Intermediate Matwork Certification

☐ Network members \$420 TOTAL: \$

Indoor Cycling Experience (I.C.E) – Stage 1

☐ Club Network members (if send 3 or more) \$179pp ☐ Network members \$269 TOTAL: \$

Military PTIs - Bridge the gap to Certificate III and IV in Fitness ☐ \$160

TOTAL: \$

♦ ADDITIONAL FEES FOR NON-MEMBERS

FILEX 2007 is a member-only event. It is compulsory for your membership to be current at the time of the event and at the time of registering. This fee provides 12 MONTHS membership to Australian Fitness Network. For further information on membership, go to www.fitnessnetwork.com.au/membership or call 02 8424 7200. New Zealand delegates please contact FitnessNZ or REPs.

Please add the following membership fee if you are a non-member or your membership is due to expire:

Personal Trainers/Fitness Instructors

☐ Australia \$85 ☐ Asia \$A110 ☐ International \$A135 TOTAL: \$

Tick your MAIN area of interest

☐ PT ☐ Group Fitness ☐ Mind Body ☐ Aqua

Club Network (owners & managers):

☐ Australia \$155 ☐ Asia \$A180 ☐ International \$A210 TOTAL: \$

Business (industry suppliers):

☐ Australia \$285 ☐ Asia \$A310 ☐ International \$A335 TOTAL: \$

GRAND TOTAL: \$

PAYMENT FORM

FILEX 2007 session selection (STEP 4)

Return this form with pages B, C and D to Australian Fitness Network.

♦ WHAT TO DO:

Step 1: Review the FILEX 2007 Program at a Glance (your separate fold-out insert)

Step 2: Read the descriptions and then choose the sessions you wish to attend.

Step 3: Indicate your 1st, 2nd and 3rd choices on this session selection form by using the session codes in the FILEX 2007 Program at a Glance. Please use a black pen and write clearly.

Step 4: Complete pages B, C and D. **You must sign the waiver on page D for sessions to be processed.**

Step 5: Send this form with pages B, C and D and payment to Australian Fitness Network. All of these need to be sent in to secure registration.

YOU MUST FILL IN ALL 3 CHOICES IN CASE YOUR 1ST OR 2ND CHOICES ARE FULL Please write your session selection codes clearly

♦ FRIDAY 20 APRIL

Timeslot	1 st choice	2 nd choice	3 rd choice
8:30 – 10am	KEYNOTE ADDRESS The power of the pride		
10:30am – 12pm	A1	A1	A1
1:30 – 3pm	A2	A2	A2
3:30 – 5pm	A3	A3	A3
5:15 – 6pm	A4	A4	A4

♦ SATURDAY 21 APRIL

Timeslot	1 st choice	2 nd choice	3 rd choice
8:30 – 10am	B1	B1	B1
10:30am – 12pm	B2	B2	B2
1:30 – 3pm	B3	B3	B3
3:30 – 5pm	B4	B4	B4
5:15 – 6:30pm	B5	B5	B5
7:30pm	FILEX @ HOME Party! Remember to bring your invitation for entry!		

♦ SUNDAY 22 APRIL

Timeslot	1 st choice	2 nd choice	3 rd choice
8:30 – 9:30am	C1	C1	C1
10 – 11:30am	KEYNOTE ADDRESS Why Generation Y? Bridging the generations for success		
1 – 2:30pm	C3	C3	C3
3 – 4:30pm	C4	C4	C4

Aqua program

(off-site at Cook & Phillip Park Aquatic Centre)

♦ FRIDAY 20 APRIL

Timeslot	1 st choice	2 nd choice
10:45am – 12pm	A1	A1
Participate / Spectate		
1:30 – 2:45pm	A2	A2
Participate / Spectate		
3 – 4:15pm	A3	A3
Participate / Spectate		
4:30 – 5:30pm	A4	A4
Participate / Spectate		

♦ SATURDAY 21 APRIL

Timeslot	1 st choice	2 nd choice
10 – 11:15am	B1	B1
Participate / Spectate		
11:30am – 12:45pm	B2	B2
Participate / Spectate		
1:45 – 3pm	B3	B3
Participate / Spectate		
3:15 – 4:30pm	B4	
Participate / Spectate		



REMEMBER!

You can also register online at
www.fitnessnetwork.com.au/FILEX

Sunday 22 April, Darling Harbour, Sydney



NB: Registrations must be received by Friday 6th April 2007

Register Online at

www.lesmills.com.au/wsrego

- ☐ **I am attending the LMAP ULTIMATE SUPER WORKSHOP only**
a. Complete this form and send with payment direct to Les Mills Asia Pacific (contact details at bottom of page)
- ☐ **I am attending the FILEX Convention AND the LMAP ULTIMATE SUPER WORKSHOP**
a. Complete this form and send with payment direct to Les Mills Asia Pacific (contact details at bottom of page)
b. Complete pages B, C, D and E and send with payment direct to Australian Fitness Network

WANT TO ATTEND FILEX?

There is a special rate for Les Mills instructors if you want to attend FILEX and the Les Mills Ultimate Super Workshop!

1. Your details

Name: _____ Customer ID: (if known) _____

Club: _____

Address: _____ Suburb: _____

State: _____ Postcode: _____

Phone: (_____) _____ Email: _____ Date: _____

2. Select session(s)

BODYATTACK®:	08.00am	☐
BODYCOMBAT®:	09.30am	☐
BODYVIVE®:	11.00am	☐
BODYSTEP®:	11.45am	☐
BODYPUMP®:	01.30pm	☐
BODYJAM®:	03.30pm	☐
BODYBALANCE®:	05.00pm	☐
RPM™: Saturday	07.15am	☐
Sunday	07.15am	☐
Sunday	11.00am	☐

3. Select pack(s)

BODYATTACK® CD/DVD	AUD\$51	☐
BODYBALANCE® CD/DVD	AUD\$51	☐
BODYCOMBAT® CD/DVD	AUD\$51	☐
BODYJAM® CD/DVD	AUD\$51	☐
BODYPUMP® CD/DVD	AUD\$51	☐
RPM™ CD/DVD	AUD\$51	☐
BODYSTEP® CD/DVD	AUD\$51	☐

Please send my pack(s) to the RPM™ session ☐

NB: All prepaid CD/DVD kits are automatically sent to the Super Workshop unless requested for them to be sent to the RPM™ Workshop you are attending.

5. Important information regarding Workshops

Registration

- Registrations for the Ultimate Super Workshop close on 6 April 2007.
- Registration after this date can only be taken at the workshop, pending availability. The late registration fee is \$40. Please note: attendance certificates will be issued in the week following the event.
- Registrations cannot be confirmed until payments are settled.
- You will receive a ticket and tax invoice once payment is confirmed.
- If you do not receive your ticket five (5) days before your workshop please call the office on +61 (0) 2 6282 8192.
- All classes have limits, and registration is on a first come first served basis.
- Certificates can only be issued for programs you register for.
- For gyms paying on behalf of Instructors, please ensure you send a separate list of all your Instructors names with all programs and class sessions they wish to attend.
- The workshop registration fee is non-refundable for any Instructor who does not attend on the day, or who cancels their registration without a valid doctor's certificate.
- All prepaid CD/DVD kits are automatically sent to the Super Workshop. If you wish to collect your prepaid kit(s) at an RPM™ session, you must indicate this clearly with your registration.
- Workshop registration is not transferable.

At the Workshop

- Please bring your ticket to present at the workshop.
- If you misplace your ticket, you must present identification. Tickets cannot be re-issued.

Merchandise

- Please ensure you have pre-paid all CD/DVD kits, as they will not be available for purchase at the Workshop.
- CD/DVD kits ordered on behalf of centres will be charged at the standard kit price of \$55 each. The discounted kit price of \$51 is only valid for Instructors who attend the workshop.
- If you were unable to attend the workshop and collect your kit(s), please contact the office the following week. Please note: all prepaid kits not collected at the workshop will be charged at the standard kit price of \$55. An \$11 postage fee must also be paid and kits will be sent out in the week following the workshop.
- If you are not attending the workshop, a postal order form is included in this Revolution or contact the office for a copy. Please note: the standard kit price is \$55.00

4. Payment

Registration fee = AUD\$25

I have ordered _____ CD/DVD kit(s) @ AUD\$51 = AUD\$

TOTAL = AUD\$

Payment details

☐ Cheque ☐ MasterCard ☐ Visa ☐ Bank Transfer

Credit card number: - - -

Expiry date: /

Cardholder's name: _____

Signature: _____

Bank transfer: BSB: 082 980 Account number: 655 615 487

Please record your name when transferring funds to LMAP